

Lockdown, making memories!!



Salt dough

Ingredients for this size -

500grams of plain flour

250grams salt

250 millilitres of water (add slightly more water if necessary)

Bake in oven on lowest heat for 3 hours or until rock hard (took about 4 hours for ours)

Instructions-

- ▶ Mix the flour and salt then add the water
 - ▶ Mix into a dough
 - ▶ Roll out onto flat surface into desired shape about 1-1.5cm thick (remember to sprinkle some flour down to prevent sticking)
 - ▶ Place on a baking tray
 - ▶ Make hand imprints (as deep/clear as possible)
 - ▶ place in the oven on the -lowest heat possible- and leave for 3-4 hours or until completely solid top and bottom. (Alternatively you can leave to air dry for a couple of days in a cool dry place- this is the best option if you only have self raising flour)
 - ▶ Paint with your choice of paints/colours (I used acrylic paints)
 - ▶ Seal with any kind of varnish or sealer to preserve it. Varnish, modpodge, PVA and water mix
- Make sure the bottom is rock hard before taking it out the oven 😊